

536 individuals and families gave

\$1,023,714.50 to make a difference through around the world.

202 volunteers traveled to Nepal, Peru, and Rwanda to provide medical, surgical, and administrative support to communities in need.

The second year of the Total Health project continued to achieve incredible outcomes for one community along the Amazon River, including:

- **50% REDUCTION** in the number of undernourished school-aged children
- Normal, non-anemic blood range levels INCREASED FROM 22 TO 82% in children 6 months - 5 years old
- Prevalence of parasites in children ages 1-12 CUT IN HALF FROM 64 TO 32%
- 94% OF PARTICIPANTS learned how to effectively wash their hands
- 80% OF FAMILIES with children under 5 installed home gardens to grow vegetables
- **50% OF PARENTS** attended positive parenting classes

4,053 community HEALTH VISITS gave individuals

gave individuals without health care resources muchneeded medical attention and care.



16 MISSION TRIPS to Nepal, Peru, and Rwanda. *caring beyond borders* Global Health Initiatives Centura Health.

159 FREE SURGERIES

were completed by our surgical teams, ranging from quick hernia repairs to intensive spine procedures.



725 HELPING BABIES BREATHE PROVIDERS WERE

trained on life-saving resuscitation techniques or when a baby has trouble breathing after birth.

20 MASTER TRAINERS in Uganda and Tanzania were educated to teach Helping Babies Breathe skills to their communities.

435 TRAINING KITS donated for classes in Nepal, Peru, Tanzania, and Uganda.

"I am proud to have the Total Health Program in my community. Two years ago, we didn't know how to keep a hygienic home. We have learned a lot of things and are healthy families. We are going to continue forward to prevent illnesses."

- Mother of 4 in Manti Zona 1